



TOMAREE HIGH SCHOOL CELEBRATING 20 YEARS

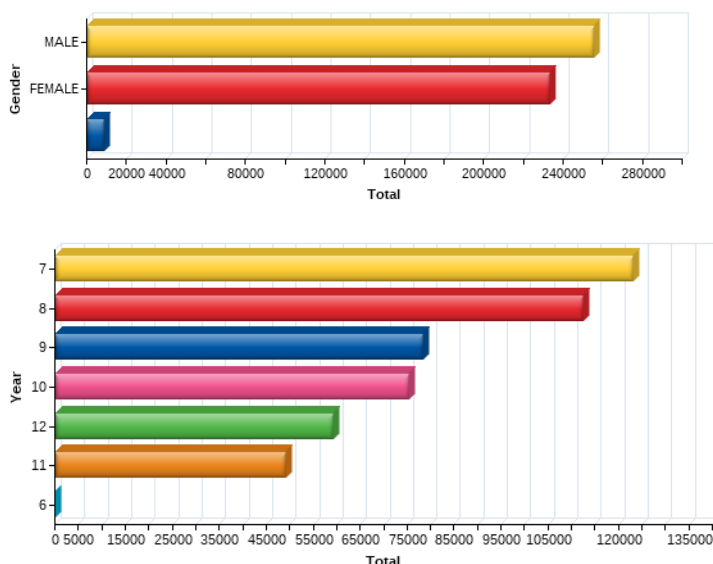
PrincipalSue Xenos

It's hard to believe we are already in the last term of the school year. This does not mean however, that we or the students are 'winding down'. We still have HSC exams, Year 12 Formal, yearly exams, Year 10 Camp, a Formal Assembly for our 20th Anniversary and our Presentation Evening on 17th December. Students are expected to be at school each day up to and including 19th December.

From all reports the move offsite to Wests Diggers for the HSC exams has been a positive one. This is something we will look to continue each year.

Year 11 and 12 students now all have access to **ATOMI** (<https://getatomi.com/au>) This is an online learning platform that covers the majority of HSC subjects. It includes a variety of short 5-7min videos to explore a wide range of concepts. I urge all senior students to log onto their account- if they do not have a log in or forgotten, please see Mrs Courts.

VIVO- The overwhelming majority of student are respectful, responsible students and we recognise them through our online recognition system called VIVO. Students can download an app to allow them to see how many VIVO points they have. Ask your student to log in and show you their points tally. The graphs following show that this year more boys have been recognised than girls and Year 7 have received the most VIVO points. We can also get data that shows up the top students in each year group.



HSC review- the School Improvement Team will be exploring the HSC and how we prepare students for this credential. We will also be examining what we do well and what strategies and techniques are used by teachers to provide a high level of support for students. Mrs D'Arcy will be heading up this review- a random selection of parents may be contacted to find out their views.

NAPLAN – there was a delay in the issue of the NAPLAN results this year. This came about as the results to schools were not available before the results to students were sent. It was important that we had the opportunity to review the results prior to sending them out to you. If you have any concerns or questions regarding the results, please contact either Ms D'Arcy for Year 7 or Mr Sproule for Year 9.

We recently participated in Platform Readiness Testing in order to be ready to deliver NAPLAN in 2019 online. The test was successful and we feel comfortable that the online environment will be suitable for students.

VALID- this Science test for Year 8 has also recently been conducted. Students were engaged in the online testing and results will be available later in the year. We have also trialled NAP- Science for Year 10 last week.

Minimum Standards- Year 10 students will shortly have an opportunity to sit an online test to demonstrate minimum standards in Reading, Numeracy and Writing. This is an optional test- a note will be coming home shortly (likely by the time you read this) that asks if your child wants to do the test. Students will have 2 opportunities each year in Year 10, 11 and 12 to meet the standard. If your student does not intend to get a HSC, they are not required to complete the test. The minimum standard must be reached in order to qualify for a HSC.

All of the above testing takes time and effort by staff to set up and administer. I would like to acknowledge the additional work being done by these teachers to ensure students meet departmental requirements.

Staff change- Mr Stevens has been at Wee Waa High this year and will be returning to his role as Deputy of Years 8 and 11. He will recommence on the 19th November and we look forward to seeing him back. I would like to thank the outstanding work of Mr Papworth as relieving DP this year and Ms Crossingham as relieving HT PDHPE. They will return to their positions.

Important dates

9th November - 20th Anniversary Assembly
 10th November - 20th Anniversary Dinner
 13th November - 11am MPC Yr 11 Awards
 13th November - 6pm MPC Yr 10 Camp Meeting
 28th November - P&C Meeting 6.15 Common Room
 17th December - Presentation Evening



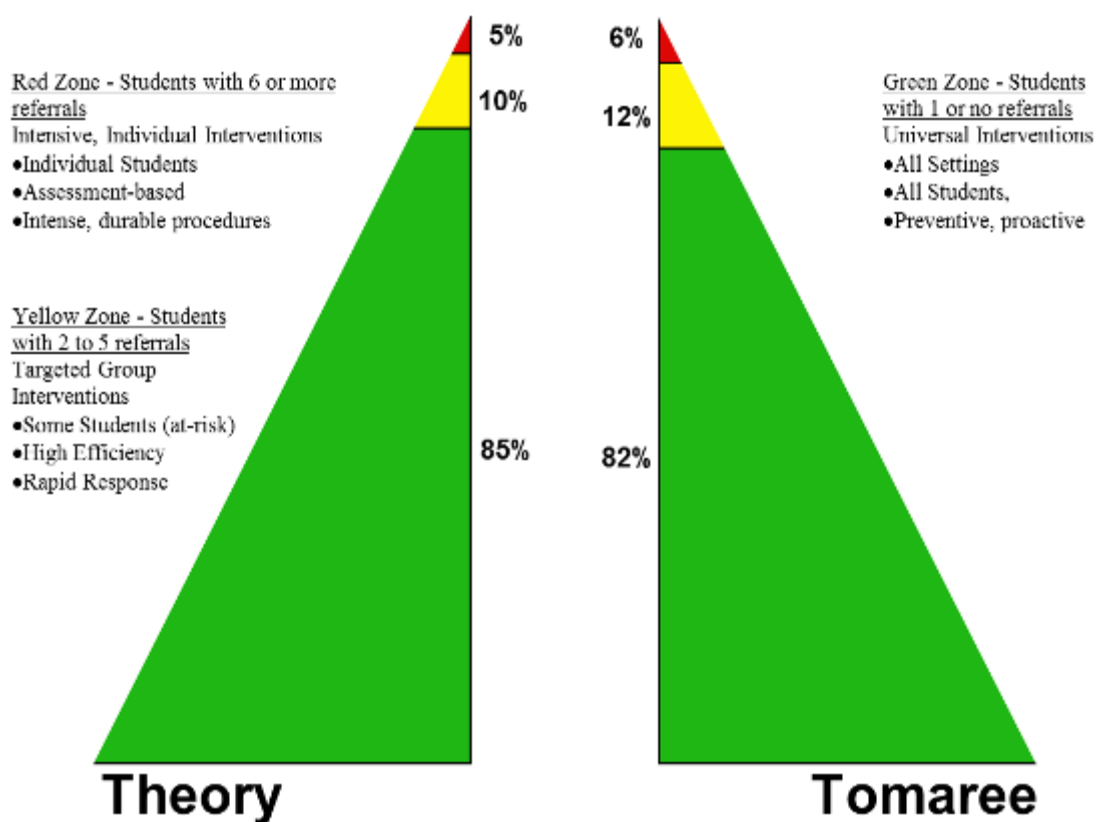
Deputy PrincipalGlenn Sproule

I'd like to take this opportunity to remind readers of just how amazing our students at Tomaree High are. It's important for all of us to recognise the students who consistently turn up to school, make good choices and get on with learning without making a fuss. We should never lose sight of this.

There are occasions when I encounter negative comments in the community which seek to label all students and our school in general. Yes, we have some students who repeatedly make poor choices, and there isn't a school in the State who doesn't. But the vast, vast majority of our students, your children, are the most polite, generous and kind students you'll find anywhere. I respond by stating that such comments are not fair on all our amazing students who make Tomaree High a fantastic place everyday. I also take any opportunity I can to highlight the fact that we collect termly data which proves just how brilliant our students are.

Tomaree High School students follow a set of values: Respect, Responsibility & Success. They consistently achieve outstanding academic results, sporting achievements of the highest caliber and become creative/performing artists second to none. Our students continually give back to the community in so many ways. I spend a lot of time out at the touch football fields and the number of our high school students who are out there coaching junior teams, marking fields and refereeing games never ceases to amaze me. I'm confident that there are many more circumstance that others could list as well.

All Years Referral - Term 3 2018



If you get the opportunity, please help to share stories of our amazing students. Feel free to refer to the data above – which other schools will find hard to replicate. Follow our Facebook page for regular good news stories and student achievement. This is our school. Our students. Let's celebrate it.

AUSTRALIAN SCHOOL SPORT CHAMPIONSHIPS



U15 Touch Tarsha Wellings



Last week, Tarsha Wellings played at the Australian School Sport Championships in Hobart. She was selected to be part of the U15 NSW CHS All Schools Touch team after playing exceptionally well at the NSW All Schools Championships as part of the U15 NSW CHS team.

Over the course of the four day championships the NSW team progressed into the Grand Final against Queensland after some impressive round games against the different states and territories in Australia. Unfortunately in the grand final, they were narrowly defeated.

YEAR 11 AWARDS ASSEMBLY

Parents and guardians of Year 11 students are invited to attend an awards assembly at **11am in the MPC on Tuesday, November 13.**

The assembly will recognise the achievements of our Year 11 students including First Place and Highly Commended in each subject. Students will also receive their yearly reports.

We look forward to sharing this occasion with you.

Mrs Karen Coates and Mrs Alison Cattle
Year 11 Advisers

SUPPORT UNIT

This term, the Junior Support Classes (JU1 & JU2) have been actively involved in Aqua Aerobics and Fitness Classes at The Tomaree Aquatic Centre with trainer, Danielle. This has been a great learning experience and a lot of fun for all our students.

Shelley Gilbert
Classroom Teacher JU1



LEARNING GUITAR

RFF Support Teacher, Matt has been working with JU1 Students, introducing them to music. Students have been learning to play the guitar, how to tune it and learning new frets each week. We are aiming to successfully play a tune by the end of term. Fantastic effort.

Shelley Gilbert – JU1



HENNY PENNY HATCHING PROGRAM.

JU3 students have become part of the Henny Penny Hatching program. We received three chicks and 11 eggs. All the eggs have hatched and the boys are enjoying mothering the chicks (as seen above).

CAREERS NEWS

Careers activities and decisions continue to happen during Term 4. Year 10 students will participate in Work Experience, TAFE Yes program and resume lessons and preparing for senior schooling when completing All My Own Work program. Year 12 students will be finalising career path decisions amongst the turbulence of study and tests. Year 11 students are already lining up to change HSC subject choices and a few are opting to join the workforce.

Year 10 students will have the option to participate in a Work Experience program from Week 6 onwards to the end of term. Students have to complete the work readiness program, then arrange a host employer. Placement documents need to be completed by parents, students and employers and then returned to the Careers Adviser for signing. The contract is not valid until the Careers Adviser has signed and returned copies of the agreement to the students. The whole process is a great training activity which helps our students to acquire the skills for seeking a job.

All My Own Work is a mandatory program that has to be undertaken by all Year 10 students. It will be conducted on Thursday 15th of November. Students will be required to study and pass five separate modules. As stated, the program is a mandatory task and students who fail or are absent for any sessions will be required to complete an online program at a later date.

The Real Futures Foundation supports many programs that help our students form and determine their future career pathways, programs include mentoring, ambassador program and various careers information sessions. Our current ambassadors from Year 10 should be congratulated for their commitment to the program and they will finish off the year by training the new Year 9 ambassadors. Congratulations goes to Ryan Orgo, Bethany Phillips, Kyle Howard, Aaliyah Offen, John Fraser, Madison Munro, Mackenzie Goring, Cooper Tancred, Krista McGuire, Makaylah Peacock and Blade Milton. Nomination for 2019 ambassadors can come from any Year 9 students interested in working in a volunteering program. Students register with Deb Mould, the Year 9 Adviser or

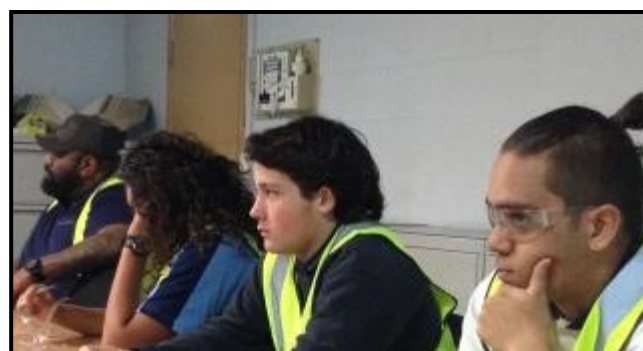


Careers Adviser. Eight lucky students recently got to engage with the business community when they participated in the Real Futures golf day at Horizon Golf Club. The students played a round of golf on the magnificent course and though none won major prizes this year, they thoroughly enjoyed the golf and were appreciative of the lunch and conversations with local business identities. Television personality, Darryl Brohman, or the "Big Marn" as he's known, was a guest at the event. He was impressed with the students' abilities to communicate with the crowd and expressed awe of Dylan Lawrence's hairstyle! From golf days to mentoring programs, The Real Futures Foundation plays a valuable role in helping assist students to transition from school to the workplace.

Experiencing a workplace or visiting tertiary institutions can be influential in determining a students preferred occupation and the careers program has and will continue to offer excursion such as the Cummins visit or Students participating in the TAFE YES program. Cummins factory at Hexham hosted a group of ATSI students, they got to tour the factory and learn what life is like maintaining the huge diesel engines. Whilst the boys were touring the factory other students have elected to participate in the TAFE Yes program, these students attend TAFE once a week and experience the TAFE tertiary learning model when studying courses such as beauty, nursing, mechatronics, engineering and child care. Future excursions include UON schools student visit day at the Central Coast campus and a WHS white card course on Monday December 3.

Year 12 students are busy completing exams right now but shortly they will need to commit to a career path. Whilst they are no longer attending school they are welcome to call into the careers office for advice and information. Tomaree High Careers face book page has been posting courses and job opportunities, so students can stay in touch by logging in. Students aiming for University, remember UAC course choices can be changed once you receive your HSC/ATAR results and for those who are yet to apply, it is still possible, just a little more costly. TAFE course applications are happening now and students can make an expression of interest for any number of courses, see <https://www.hunter.tafensw.edu.au> for information. If you are still unsure of what career path to follow having received your HSC, the department of education has set up a careers information site (www.cas.det.nsw.edu.au) which has information specific to HSC leavers.

Students and parents are welcome to contact the Careers Adviser about any of the programs mentioned via kyle.mcelwain@det.nsw.edu.au



ENGLISH FACULTY

We have had a fantastic last semester in English. Some of the activities enjoyed by students this semester has been Year 10 developing their own blackout poetry, Year 7 working hard on how to survive a zombie attack and Year 9 mixing things up by studying Shakespeare and then film appropriations. Also, one of our Year 8 students, Cooper, entered a writing competition and his story (following page) was selected for publication in an anthology of student works.

This term has also seen the start of the new HSC syllabus. The English staff have worked hard to implement the new Stage 6 syllabus and look forward to continuing this development of the new course next year.

Congratulations to all our HSC students who have just finished. The majority of students seemed confident in their responses and we wish you well for all your future endeavours.

Recently we have bought some new texts to study in Stages 4 and 5. These titles include 'Parvana', 'Parvana's Journey', 'Camel Riders', 'Skellig' and the classic 'Playing Beatie Bow'. Our staff are excited to get started on these new novels and many will be starting to study them this term or at the beginning of next year.



On the subject of English texts, if you happen to find any at home, lost and missing their friends, please drop them off to the English staffroom at any time. No questions asked!

Lastly, congratulations and best wishes to Ms Barnicoat. Ms Barnicoat is going off on maternity leave this term and we wish her all the best. Mr Crellin will be taking over from Ms Barnicoat this term.

Have a happy Christmas and if you need any help deciding what to read over the holidays, have a look at the teacher recommendations below.

Mrs Cattle – Anything by Steven Herrick.

Ms Jablonski- 'Sophie Someone' by Hayley Long.

Ms Wheeldon – 'The Book Thief' by Markus Zusak.

Mr Power – 'Eleanor and Park' by Rainbow Rowell

Mr Clewett – 'Goodnight Stories of Rebel Girls' by Francesca Cavallo and 'Tales of Boys Who Dare to be Different' by Ben Brooks

Julie Wheeldon



The Known Enemy

Old rusty tools stained my vision, a prehistoric bench was littered with abandoned repairs and cobwebs were made by my only friend. Cows bellowed across the fields and the birds' singing was as beautiful as a symphony choir when the roar of the engine suddenly invaded the air. Coldness crept through me for what seemed like the thousandth time, my drummer heart was beating on a death march as sweat trickled down my skin. A thousand thoughts raced across my mind, every twig snapped or voices heard, I thought they were here, the Nazis. My mind was an angry beehive, but there was still hope in my heart, the stale air, overpowered by my emanating hummingbird odour flew into my nostrils and the thought of a shower seemed like heaven to me.

Would I survive all this? Will I be found by the Nazis and put into a concentration camp? My mind wandered, blocking out everything like a barricade. My mind suddenly leapt back into reality, knowing something important was going to happen. I heard the screech of the tyres and the loud, drunken voices and I knew they were here.

Adrenaline pumped through my body as a tsunami of fear ambushed me. I glanced towards the weed encrusted door, with sentinel rakes standing next to it. Footsteps inched closer every second to the door. I moved as fast as a leopard, towards the back where the rusty metal of the shed had given way and dove like a swimmer into a small but protective shrub just outside the back. The prickles of the shrub pierced my skin, causing warm blood trickle down my skin. My heart felt as if it were in my throat, pounding so hard against my skin that I was sure they would hear it. Old equipment was being ransacked by the Nazis; each piece of equipment they destroyed led closer and closer to me. I was so sure they would find me.

A strike brought attention to my ears as the acrid smell of tobacco exploded in my nostrils. A Nazi was smoking behind me as we both looked at each other in our fearful eyes. A wave of recognition flashed between us as we both starred at each other in disbelief. Memories flooded back to me. Old childhood buddies with months of playing on the street, always getting in trouble at school, copying each other's answers in the class. We had had some fights, most about girls but in the end, we never ended apart. We drifted away from each other after high school but the memory of each other was still in our heads. Disbelief was still clear in my head at the sight of my friend.

After what seemed like minutes, my friend walked back inside the shed to the others and said "There's nothing out the back." Relief and thankfulness flooded me as the soldiers looked at the shed one last time before spitting at the front door and leaving.

YEAR 7 AND 8 SPORTS CAMP

The biannual Sports Class camp to Sydney Academy of Sport located Narrabeen occurred again this year on Monday 29th and Tuesday 30th October. After an early start leaving from school (5.45am!!!), 46 students from 7K and 8K plus Mr Hartmann, Mr King and Ms Chester prepared themselves for an exciting but exhausting two days to follow. A quick stop at the Twin service centre to fuel up for the big day and a flowing Sydney traffic saw us arrive at the Narrabeen site. The activities started with the group being divided into four groups and participating in a range of fitness tests, from 20 metres sprint using laser gates to accurately time the runs down to one thousandth of a second!, vertical jump and core flexibility. Then came the dreaded Beep test in which all the students and teachers participated. The eventual winner was Hugh Doherty who ran out of partners at level 12.5.

The next activity was the High Ropes where the students challenged themselves at an 8 metre course then had the choice of finishing off with a 4 metre or 12 metre course. Here Ms Chester learnt not to challenge Cale Graham with the fateful words "if you complete the 12 metre course then I will too". Unfortunately Cale did, so despite shaking like a leaf and going very slowly, Ms Chester eventually met the challenge.



Then came the recovery session which consisted of mediation (or sleep for quite a few) , muscle release by foam rollers, trigger point release using tennis balls and of course the contrast baths – ice bath to spa bath. With a little screaming or maybe they just could not talk due to the cold, the ice baths were completed and muscles were released, just in time for dinner to refuel.

After dinner, the group got to hear from Olympic and Commonwealth Games 400m runner Annalise Rubie about her training regime, nutrition, and experiences competing overseas and at home at the Gold Coast Commonwealth Games. The students had many questions for her and Annalise spoke well in answering the variety of questions asked.



After having a go at mini golf due to the demise of Flip out, the students and teachers, all of whom had covered about 19km for the day, hit the beds to rest up and recover for Day 2.

After a tasty breakfast, the students were split into two groups, one to do a variety of initiative games, while the other group went to a talk regarding the importance of nutrition and hydration when training. The class v's class games of Snatch lead to Mr Hartmann devising the "Spaghetti" call for 7K to eliminate the fastest students in 8K and thus win one of the battles. From there, the tactics and strategies developed each game became more and more complex as each class sort victory. An hour later, the results were in A DRAW.

The last session consisted of speed and agility training. Here the students got to use equipment such as agility ladders, little hurdles and resistance bands to improve their speed and agility. By this stage all participants were sore and a little tired.



That finished the activities at the camp and a quick run through Sydney allow the bus to arrive home early. After an action packed two days, most were thinking of a shower and sleep by this stage.

Ms Chester

YEAR 10 GOLD COAST CAMP

Dear Parent / Guardians,

Just a reminder that there will be a **MANDATORY** Gold Coast excursion meeting for all students and their parents on:

Tuesday 13th November at 6pm in the school MPC.

The following information will be distributed on the night:

Itinerary of the excursion

Packing List

Medical Information sheet

Parent sign off note - which must be handed in the night we depart

Meal choice sheet for theme parks

Cabin groups sheet



We will also gladly answer any questions you may have for the camp or the activities we will be doing whilst we are on the Gold Coast. We look forward to seeing you all there!

Yours sincerely,

Mr Joel Ross

Ms Sue D'Arcy

ABORIGINAL EDUCATION



What's Happening...

Jnr AECG



New Leaders for 2019

President - Kyron Williams.

Vice President - Kaylah Pisani.

Secretary - Danielle Johnson-Douglas.

Assistant Secretary - Kate Sanderson

NRL School 2 Work



All yr 10 & 11 ATSI students

Monday 26th November

1pm to 2.30pm

Library

Boys Group



All Aboriginal Boys

Week A, Tuesday

Period 3 & 4

Waraa Shine Girls



November 29th & 30th

At Murrook Cultural Centre

More details to come

Respect

NGARRABU MARRUNG

knowing good

Responsibility

GAGA MARRUNG

being good

Success

WUBA MARRUNG

done good

Contact: Lisa Martin

Aboriginal Education Engagement Officer

lisa.martin36@det.nsw.edu.au

Home Economics Faculty

Although we are now on the home straight to Christmas there are still plenty of projects to be completed and our new Year 12s have plenty of work to do. As Ms Garling and Mrs Slattery are lucky enough to be on long service leave, the Home Economics Faculty welcome Miss Cronk back from support and Mrs Page back one day a week from maternity leave.

Year 12

Both of our Year 12 Community and Family Studies classes are well into planning for their first Year 12 Task an Independent Research Project and the Hospitality class are about to start operating their Coffee Café. A reminder that all Year 12 classes should have already implemented a regular revision schedule. It is not recommended that Year 12 students give away their part time employment or their regular sporting activities but maintain a balance between them and their study commitments.

Hospitality

I would like to congratulate the new Year 12 Hospitality students on an outstanding job preparing and serving for the outgoing Year 12 Graduates.



Year 7 and 8 Technology Mandatory



Whether they've been sewing or cooking Year 7 and 8 have really settled in this term and are all having fun making their projects. In Textiles, technology students have been making carry cases, monsters and pillow covers.

Cooking is undoubtedly everyone's favourite, especially when it comes to time to eat! Many different skills being learnt this week from making ice-cream to waffles.



Stage 5 Child Studies

Year 9 Child Studies students have been busy learning about stages in growth and development in children. They've been busy designing Height Charts.



Home Economics Reminders

Tomaree High has a no-phones in class policy unless the teacher allows them for a learning activity. In recent weeks the Home Economics Faculty have found that our students learning has been distracted by mobile phones and as a result, we are requesting that students leave their phones in their bags or put them into a safe classroom mobile phone box. Please be supportive of this and remind your children to leave their phones in their bags.

A reminder while shopping over the Christmas break that practical subjects require practical shoes. Black leather upper shoes. Flat soled shoes are not particularly good for working in a kitchen.

Mrs D Smithson HT Home Economics

P&C NEWS

Tomaree P&C's Gathering with Member for Port Stephens, Kate Washington November 8th

This event was initiated last year with successful outcomes. Prepared questions were presented to Ms Washington for her response during the evening.

This year questions were submitted to her in advance relating to funding for the Catholic and Independent education providers, NAPLAN testing, TAFE across NSW and delivery of courses at annexes within Port Stephens.

There will be a summary of Ms Washington's responses in the next newsletter.

Amendment to E-Book Fundraiser

The actual total raised was greater than last reported. Thanks to those who were able to give support - \$546.

Landscaping of the Area Outside the M.P.C

The P&C will be providing part of the funding. If you have any suggestions as to what the landscaping should look like pass them on to our principal Ms Xenos.

If you know of any provider who may donate materials please advise Ms Xenos.

Next Meeting Wed Nov 28TH 6:15 p.m.



THE
ANCHORAGE
HOTEL & SPA

ENJOY A

HIGH TEA

by the sea

HIGH TEA | BOTTOMLESS BUBBLES | LIVE MUSIC

TIME: 2.30PM - 4.30PM EVERY SUNDAY

COST: \$49* PP with unlimited premium Australian sparkling wine,
or **UPGRADE TO \$89* PP** with unlimited Veuve Clicquot champagne.

BOOKINGS RECOMMENDED*

CORLETTE POINT ROAD, CORLETTE, NSW 2315 | 02 4984 2555 | ANCHORAGEPORTSTEPHENS.COM.AU

*Booking with minimum of 24 hours' notice is essential. Menu changes seasonally.



THE SAFER DRIVERS COURSE INVOLVES TWO MODULES

MODULE ONE:
A three-hour facilitated group discussion on how to manage risks on the road.
This will involve a maximum of 12 participants and will be delivered by a facilitator.

MODULE TWO:
A two-hour, one-to-one coaching session to develop low-risk driving strategies.
This will involve two participants and a coach.

LEARNER DRIVERS WHO COMPLETE THE COURSE WILL RECEIVE 20 HOURS OFF THEIR LOG BOOK.

\$140

ALL PARTICIPANTS MUST:
Hold a valid NSW Learner Licence, be under 25 years of age and have completed a minimum of 50 hours of actual on-road driving hours in their Learner Logbook.

Book online at www.saferdrivers.org.au

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portstephens@pcycnsw.org.au

Find us on [f](https://www.facebook.com/saferdrivers)

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WE OFFER AUTOMATIC & MANUAL

1 hour lesson **\$60**

3 x 1 hour lessons **\$180**

Bonus 30 minutes driving lessons valued at **\$30**

6 x 1 hour lessons **\$360**

Bonus 1 hr driving lessons valued at **\$60**

Driver's Test package (includes 1 hour lesson before plus use of car for your test) **\$120**

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