

Tomaree High *NEWS*

2017 Term 1 Week 4

WELCOME TO FRC ROBOTICS FROM TEAM C.O.A.S.T. (Collaboration Of Awesome Students at Tomaree)

Tomaree High School's two Year 9 Science Technology Engineering Maths (STEM) classes will be competing in the First Robotics Championships (FRC) for the first time in 2017.

Involvement in the competition is possible through a grant with major sponsors including FIRST, Macquarie University, Google and Ford. A description of the FRC competition website reads *"The ultimate Sport for the Mind. Under strict rules, limited resources, and an intense six-week time limit, teams are challenged to raise funds, design a team "brand", hone teamwork skills, and build and program industrial-size robots to play a difficult field game against like-minded competitors."*

On February 2 and 3 the STEM classes participated in a two-day workshop to learn more about the competition and to start work on developing their robot. Working with FIRST mentors from America, the students worked in teams to complete a variety of tasks. The media team worked on team brand and promotion. The mechanical team constructed the chassis and gear boxes that will form the base of the robot. The electrical team wired the components necessary to connect electric motors to the roboRIO, a programmable device often called the 'brains' of the robot. The coding team learned some of the basics necessary to program using Java, the preferred language for FRC robotics. The strategy and design team unpacked the rulebook for this year's competition and brainstormed designs for attachments to use on the robot to complete the various challenges in this year's game. The 2017 game is called STEAMWORKS and can be viewed on YouTube

(<https://www.youtube.com/watch?v=EMiNmJW7enI>).



The students determined that there are three main ways to play the STEAMWORKS game; fuel, gears and climb. Fuel is represented by balls which can be manually loaded or collected from the field of play and are delivered to the boiler. Gears are also manually loaded and delivered to the air ship lift. Robots can climb ropes to board the air ship. Students decided that completing the gear challenge would ensure their best success and prioritised this as the primary design challenge. Not satisfied with completing one challenge, they have also commenced prototyping robot attachments to enable the robot to climb. By the end of the two days the team was well on their way to having a drivable robot.

One other significant milestone was achieved and that was deciding on a team name. Team 6522 is proud to announce we will be called team C.O.A.S.T. (Collaboration Of Awesome Students at Tomaree). The media team plans to use social media to promote the team's progress. More information will be coming soon. The robot must be completed and ready for competition which will be held at Sydney Olympic Park, March, 13-15.



Stephen Hartmann
Science





From the Principal's Desk

Welcome back to Tomaree High for 2017 and a special welcome to all our new families. I'm sure you will find your experience of Tomaree High a positive one. We want to work with you to support your children to develop emotionally, socially and intellectually. If we can work together we have a greater chance of successfully keeping students engaged and happy at school.

The staff at Tomaree High are dedicated to working hard to provide the best possible education for your children, but with that comes responsibility of students to commit to participating actively in their lessons. By being active learners they will get the most out of their time at school.

Our 2016 HSC results were fantastic. Of note was 2 students in the top 10 in the STATE in Community and Family Studies (taught by Mrs Hinks) with one student placed 2nd and the other 7th. A truly fabulous result. We also received around 30 Band 6 results (91 and above) across 14 different subjects. Students achieved these results through hard work- there is no magic formula- to do well you need to commit the time needed and do the work. The hard work will pay off.

This year we have formally established a 'Big Picture Academy'. We are excited by this as it enables us to provide a different way of doing school for some students. The concept is not for all students- some have trialed and found the way the class is structured is not for them, and others have really loved the experience and are relishing the challenges presented. At this time the classes are full but anyone wanting more information could see our website under specialist classes tab or contact Mr Trieger.

This year we are looking into the structure and selection processes for our Specialist Classes (Academic Extension (AE), Sports & CAPA). We still intend to have these classes but want to extend the students in the classes while ensuring the other classes are equally supported.

For those new to the school and a reminder to others we have a number of communication channels to get information out to you. These are:

Facebook- primarily used to let you know about positive things happening in the school and to celebrate student achievements across a wide range of subjects and activities.

SkoolBag App- this is used to send organisational details and reminders for events such as excursions, upcoming exams, reminders for payments and it allows you to send in absentee notes. We are exploring the option on the App that will allow you to submit Excursion notes electronically. Go to the Apps Store or Google Play and search for SkoolBag.

Newsletter-after consultation with parents last year we have continued to refine our newsletter to reflect the needs of the community. Newsletters are distributed in Week 4 and Week 8 of each term. It is sent out through SkoolBag and available on our website.

Website- we are continuing to work on our website to keep it up to date. This year will see us concentrate on ensuring the Calendar is kept up to date. To make online payments you need to go to the website and click on the '\$ Make a Payment' link for secure payments.

SMS- We use a text message system to notify of absences and teachers may send messages to let you know if they wish to notify you about any issues they think you should know about.

There have been some changes to the structure of our day. We have reintroduced a formal Roll Call period at the start of each day. Students are expected to go to Roll Call each morning (on time). During this time, we can mark our rolls more accurately, check uniforms, get out notices to students and students can hand in their absent notes if needed.

The second change has been for Senior students. They no longer leave the school early on a Friday afternoon. Year 11 now have a mandatory course called Cross Roads which once added to the timetable took out the spare 'free' periods. They can leave at 12 noon on a Wednesday as they do not have to participate in Sport. Year 12 now have an Independent Study day every second Wednesday (Week B). On this day students do not need to attend school however they are encouraged to make use of the time effectively to study and they are welcome to come to school to use the library or consult teachers. Where possible we will try to schedule excursions for Year 12 on this day to reduce out of class time. Students should not commit themselves permanently to other activities such as work on these days, as they may be required to attend events.

For parents new to the school and a reminder to others that students may only exit out of the Keel Street exit at the end of the school day. If you need to pick your child up earlier they will need to be collected at the front of the school. Seniors leaving on a Wednesday must walk around and not through the primary school. If they do not wish to walk, they can work in the library until the end of the school day and then exit out the back with the rest of the school.

I'm looking forward to another successful year, working with our families to support and nurture the young people in our care. If we are doing something well- tell everyone, if you have concerns please tell us and allow us the opportunity to fix it.

Sue Xenos
Principal



P&C MEETING

A warm welcome is extended to parents and carers to attend the first P&C meeting for the school year on Wednesday, February 22, 6.15pm in the Staff Common Room. There will be a Special Meeting for the first 10 minutes followed by the general meeting - Richard Davis, President

Staff Contacts

Leadership Team

Principal: Mrs Sue Xenos

Deputy Principals:

Year 7 & 10: Arron Stevens,

Year 8 & 11: Glenn Sproule

Year 9 & 12: Sue D'Arcy

Contact Details Tel: 4981 1444

Email: tomaree-h.school@det.nsw.edu.au

Faculty Leaders

Maths: Rod Lyon

Admin: Brad Foley

Science: Linda Hazell

Teaching/Learning: Stacey Hinks

CAPA: Anne Gorton (Rel)

Special Education: Jen Florey (Rel)

Wellbeing: Vicki McCleer/Benji Trieger

PD/H/PE: Jim Papworth

English: Mark Wagland

VET: Emma Chester

H/Ec: Karen Shaw

HSIE: Craig Windon (Rel)

Industrial Arts: Shane Fitzpatrick

Year Advisors

Year 7: Gary Stuart

Year 8: Averil Jarvis

Year 9: Joel Ross

Year 10: Anne Gorton

Year 11: Steeve Gillett

Year 12: Leila Courts



DEPUTY'S REPORT—YEARS 8 & 11

Welcome back to the staff, students and Tomaree High learning community. What a great start to the year it's been. We are all so lucky to be part of this system that has again proven through our exceptional 2016 HSC results that Tomaree High is a great place to work and learn. I'm looking forward to the year ahead.

YEAR 8

Already these young people have matured over the holidays and returned older, wiser and taller. Over the past few weeks I've been tracking how Year 8 students have started the year and the feedback is good. I've personally had the pleasure of spending time in English, Maths, Science, PDHPE and HSIE lessons across all classes. Parents and carers should feel heartened by the calm, settled learning environments that are positively impacting on student outcomes. The dedicated and hardworking staff at Tomaree High should also be acknowledged for the quality of lessons they are delivering. This is the starting point for a great year ahead.

YEAR 11

At the beginning of the year I had the opportunity to stand in front of these young adults and was so impressed by what I saw. The students presented so well in their new white shirts, ready to begin their final two years of secondary school. All parents and carers should be proud.

Study Plans

Senior school is hard work and takes real dedication. More importantly, all students need to be in school for a purpose. They should know why they are here. They should know what they are working towards and then design a suitable study plan which will help them achieve their goals. Balancing school work with casual employment, sporting commitments and socialising is always a challenge. Any student needing help designing a flexible study plan should ask staff at school.

Changing Courses

Over the last few weeks we have been able to accommodate a large number of course changes. Whilst we would hope that students maintain the study pattern they selected last year, we understand that there will always be some changes. It is our belief that students wishing to change courses do so as soon as possible so they are familiar with the course content before assessment tasks are due. If a student is considering changing courses they should approach the Careers Advisor or myself as soon as possible.

Wednesday Afternoons

All Year 11 students finish their regular timetabled lessons at 11:30am on Wednesday mornings. However, Wednesday afternoons should not be thought of as free time. The library remains open for study and finishing assignments and students may be required to attend excursions or extra curricular activities from time to time. No student should be rostered on for paid work during regular school hours. We are putting faith in our already responsible students that they will use their time wisely to ensure they are effectively managing their education.

Glenn Sproule
Deputy Principal Years 8 & 11



Diary Dates

Contact Details Tel: 4981 1444

Email: tomaree-h.school@det.nsw.edu.au

- ♦ Wednesday February 22 - P&C meeting, 6.15pm Staff Common Room
- ♦ Thursday February 23 - HSC Presentation Assembly, MPC 12 noon

Keep in touch by signing up for Skoolbag on your mobile device for school messages



Year 9 Adviser's report

Welcome back to all Year 9 students and also to their families and loved ones. I trust you had an enjoyable, restful break and are ready to get going with a productive school year in 2017.

To inform new students and parents, my name is Joel Ross and I am the Year 9 Advisor at Tomaree HS. My role is to support student learning and wellbeing at school and to be a port of call for issues that arise whilst students are navigating their way through the day to day demands of school. It was fantastic to meet many different families and caregivers in 2016 and I look forward to building on these relationships in 2017. I also look forward to working with new students and parents, whilst assisting them with their transition into a new learning environment. If you have any questions or would like to introduce yourself, please call me at the school and I would be happy to have a chat.

This year it is highly important that students are organised each day and for each lesson. Being organised means that students can give themselves the best opportunity to learn and succeed. They must come to school on time each day, with all equipment and with a timetable so that they know where to be at the right time. Students who misplace their timetable must visit me in the staffroom to get a new one. I also ask for all students to take a photo of it so that they always have a copy of it with them. So far it would appear students are finding their way around the school efficiently as they deal with an adjusted timetable that also includes their elective subjects.

I wish Year 9 a highly successful and productive 2017. We have some exciting things to look forward to this year, one of which is the excursion to the Royal Easter Show in April. Please stay tuned for upcoming information on that excursion to Sydney!

Joel Ross



Year 11 Adviser's report

It is wonderful to see Year 11 students back at school in their white shirts ready to start the journey through their senior schooling. They all look very grown up and mature. I am particularly delighted at the way they have settled in their role as seniors and role models to our younger students.

The next three terms are going to be busy for them as they work towards their final examinations for the Preliminary course exams in Week 9 Term 3. If you have any questions feel free to contact me.



Steeve Gillett
Year 11 Adviser



YEAR 12 SHINE IN 2016 HSC RESULTS

Tomaree students continue to receive outstanding educational opportunities that enable them to move into their chosen career paths.

The 2016 HSC results were excellent with top performing students, Marnie Dowden, Hayley O'Toole and Samantha Wanigabaduge's academic results producing ATAR's in the 90's. Achieving scores in the top 10% in the State means they will continue their education at university pursuing respective careers in law and physiotherapy.

In fact 10 students from the Year 12 cohort received an ATAR of 85 or greater, providing them with opportunities to study in variety of fields at various universities. Early reports have at least three students going on to study Law and three are studying in medical fields such as Physiotherapy and Medical Science.

Newcastle University is the preferred tertiary destination for the majority of our high achieving students but Macquarie University is well represented this year whilst a number of our students will be moving to country NSW to take up position with regional Universities such as New England and Charles Stuart. These students have all acquired the scholastic skills at THS which will see them achieve and prosper in their chosen tertiary courses and we wish them will for the future.

Kyle McElwain
Careers Adviser



Principal, Sue Xenos, with Hayley O'Toole (centre) & Marnie Dowden



Community & Family Services teacher, Stacey Hinks pictured with Hayley O'Toole who came 2nd in the State in CAFS.

Teacher, Leila Courts, is pictured with her Year 12 Mathematics students (2016 cohort). The class as a whole did well above State average - seeing the best results at our school since 1997.





Amy represents Australia in Touch Football

During the school holidays, Year 12 student, Amy Dufour represented Australia in touch football at the Youth Trans Tasman Series. She gained selection in the Touch Football Australian Under 17s girls team late last year after having excellent performances at State and National competitions throughout the year.

Amy headed into camp for final preparations a few days before the Youth Trans Tasman Series to fine tune her skills. Amy had the pleasure of receiving some inspirational words of advice and her Australian jersey from members of the Australian Open squad. The series took place in Auckland, New Zealand on 20th to 22nd January.

The first day of competition saw the Australian squad off to a dominant start, winning the game convincingly against New Zealand 7-3. It didn't all go smooth sailing for Australia, as New Zealand fought back in the second game to win 4 – 3 in a drop off, taking the series to a decider. During this game Amy scored the first try but took a knock to her head forcing her to be sidelined for some of the match before being cleared by the doctor.

The third and final game was a hard fought battle between the countries with Australia just nudging ahead 4-3. Throughout the games, Amy was instrumental in scoring and setting up tries to help Australia secure the overall series.

Amy has now turned her attention to playing in the NSW Country Mavericks Elite 8 team at the National Touch League series of which she is their youngest player. Tomaree High would like to congratulate Amy on representing Australia with pride and we wish her every success in the future.



Charnelle Crossingham
PD/H/PE





2017 SWIMMING CARNIVALS

A great time was had by all who attended the Tomaree High School swimming carnivals, run over two days in Week 4.

The girls kicked off proceedings on the Tuesday followed by the boys on Wednesday. Both carnivals began with very spirited war cries and best dressed competitions before taking the splash in the fun filled carnivals. It was great to see so many participating in numerous novelty events, including the balloon volleyball and water sponge relays for those less interested in competing.

At the boys' carnival, the participation levels in the competition events was excellent, with many age groups having up to five heats per event. A big hit on both days is always the lure of the waterslide, as well as our novelty events at the end of the day, synchronised swimming on the girl's day and the famous belly flop contest for the boys. This year the results are as follows:

Swimming Age Champions

Age	Male	Female
12yrs	Cale Graham	Jema Moore
13yrs	Brady Stewart	Tori Stewart
14yrs	Angus Tonks	Logan Stewart
15yrs	Sam Tonks	India Gauta
16yrs	Tristan Esquilant	Emily Kelly
17+yrs	Tim Anderson	Lauren Hughes

Synchronised Swimming Champions – Tahlia Dodd, Arwin Fitzpatrick,
Belly Flop Champion – Curtis Nunn

Swimming House Championship

House	Nelson	Stephens	Tomaree	Yacaaba
Girls Carnival	3rd	1st	4th	2nd
Boys Carnival	3rd	1st	4th	2nd
Swimming Total	3rd	1st	4th	2nd

Congratulations to **Stephens** house on be crowned Swimming Carnival Champions 2017!
The real winners were Yacaaba who significantly jumped up the rankings from previous years. Well done blue!!

Mrs D. Stewart and Miss C Crossingham





2017 GIRLS' SWIMMING CARNIVAL





2017 BOYS' Swimming Carnival



ALPACAS ARRIVE AT TOMAREE AG

The arrival of five alpacas at Tomaree High School sees the first of many exciting new changes for the Ag plot in 2017.

The four females and one male alpaca represent the start of a new enterprise of breeding to produce fine wool and meat. The females - four year old Pheobe and 12 month old daughter, Snow, are a Suri breed alpaca while five year old Heather and 12 month old daughter, Storm, are both Huacayas. The male, three year old Jerry, is also a Huacaya.

On January 25, only three days after arriving at Tomaree, Heather gave birth to a male cria. A competition will be held to name the new arrival. As he is the first alpaca born at Tomaree, he will be trained to take a halter and lead so he can be taken to regional shows.

Tomaree High will be entering a number of competitions in 2017 through the Royal Agriculture Society, including a vegetable/produce competition for which the RAS donated a vertical wall garden. The students will have to produce a PowerPoint presentation on how the vertical garden developed and then display a basket of vegetables or herbs grown at Tomaree.

Along with schools from across NSW, Tomaree will be entering a meat bird competition at the Royal Easter Show in Sydney. The RAS will donate 14, day old chicks and the students will have to raise them for six weeks. Students will select the six best chickens and take them to the Show where they will be dressed and judged.

Finally, the Ag department is seeking donations for various projects. If you are cleaning up the garden and have any spare cuttings, from plants such as Yuccas, Cordylines, cottage plants or succulents, please wrap them in damp paper and drop them off at school.

We would also greatly appreciate any glasses, jars or even old porcelain tea cups that could be used to pot plants..



Gary Stuart
Agriculture Teacher



INDUSTRIAL ARTS REPORT

It has been a positive start to the year in Industrial Arts with the faculty staff looking forward to the challenges ahead.

We welcome Mr Garrard, who is undertaking a temporary block of teaching while Mr Gallagher is on leave.

Year 7 students are settling in quite well and enjoying the new experiences that are offered as well as the Year 8 students who completed studies in Home Economics last year and are with us in 2017.

Our elective subjects in Stage 5 are very popular. Students are completing mandatory safety tests and accompanying theory before developing skills in completing quality practical projects.

Year 11 students have begun their senior schooling in Industrial Arts with enthusiasm. The courses they have selected have strong numbers and are being delivered by dedicated and experienced teachers.

Year 12 have returned with the intensity to continue with their studies from last year. Some of the students are progressing well with their major projects and other students will be going out on work placement in the next couple of weeks as part of the mandatory component of the VET course they are studying.

The following is a list of the teachers delivering senior courses:

Year 11		Year 12	
Design and Technology	Mr Crew	Engineering Studies	Mr Shiner
Engineering Studies	Mr Shiner	Industrial Technology Timber	Mr Christiansen
Industrial Technology Timber	Mr Fitzpatrick and Mr Crew	Industrial Technology Multi-media	Mr Witt
Industrial Technology Multimedia	Mr Witt	VET Metal and Engineering	Mr Edwards
VET Metal and Engineering	Mr Christiansen	VET Construction	Mr Edwards
VET Construction	Mr Edwards and Mr Crew		
Software Design & Development	Mr Witt		

Shane Fitzpatrick
Head Teacher,
Industrial Arts



HSIE News

Outstanding 2016 HSC Results

Congratulations to the 2016 HSC students on the impressive results they obtained in their HSIE subjects. HSIE had 124 candidates in the eight subjects delivered by the faculty. A number of students studied two or more HSIE subjects. The following students deserve special mention for their outstanding results in HSIE:

- Marnie Dowden who achieved 90% in Geography, 89% in Legal Studies, 88% in Modern History and was dux of the school with an ATAR of 92.00.
- Samantha Wanigabaduge who achieved 91% in Society & Culture and 81% in Ancient History.
- Jessica Herd who achieved 90% in Society & Culture.
- Ashley Elliott who achieved 86% in Legal Studies, 85% in Geography and 83% in Modern History.
- Joshua Dickson who achieved 85% in Geography and 84% in Legal Studies.
- Holly Lyons who achieved 83% in Business Studies and 81% in Legal Studies.
- Izaak Daly who achieved 85% in Modern History.
- Kaitlyn Jones who achieved 80% in Society & Culture.

I know these students would want to thank and recognise the dedication and guidance of their HSIE teachers for their work last year.

HSIE Staff

The HSIE faculty has had a number of retirements of long serving teachers in the last few years including Ray Milton, Brett Fraser, Stephen Wasson and Di McQuie. We welcome a number of new staff this year in both a permanent and temporary capacity. Staff in HSIE for 2017 includes Mr Britton, Mr Foley, Mrs Hawke, Mrs Jayne, Ms Johnston, Miss Kirkland, Mrs McCallum, Mrs McCleer, Mr Parker, Mr Ross and Mr Windon.



Welcome Mrs McCallum

I am pleased to join the Tomaree High School community as a member of the HSIE faculty after transferring from Rutherford Technology High School. I began teaching at RTHS in 2007 as a member of the HSIE staff and immensely enjoyed these years at Rutherford. This transfer to Tomaree is an exciting change and the opportunity for me to spend more time with my family as my commute to work has decreased. During my time at RTHS I taught Junior HSIE, Society and Culture, Business Studies and Business Services. I also enjoyed many rewarding experiences as a member of the Wellbeing Team such as Year Advisor, SRC Coordinator and Relieving Head Teacher. I am excited to continue teaching Junior History and Geography, Commerce, Society and Culture and Business Studies at Tomaree. I feel lucky to teach in this lovely environment that presents many unique opportunities for student learning experiences, and I am enjoying getting to know the staff and students who have already been very welcoming.

Craig Windon
Relieving Head Teacher-HSIE).



MATHS NEWS

Welcome back to another year full of promise. All students have started with a positive attitude and classes are running smoothly in these difficult weather conditions.

HSC Results

Congratulations to our 2016 HSC students who achieved excellent results in all levels of Mathematics. Special mention needs to be made of the Advanced Mathematics cohort, which was above state average as a group for the first time since my records indicate in 2002. Great work by Sophie Cottam for achieving a Band 6 at this level. Also a big well done to the Mathematics General 2 group who achieved 15 Band 5's and one Band 6 from Dean Brownlie. Fantastic skills shown by the Extension Mathematics group who all performed at or above expectation. Thank you to the teachers for all the hard work.

Staffing

The experienced crew of Mr Anderson, Mrs Shiner, Mrs Courts, Ms Gillett, Mrs Lyon all return along with the recent additions of Mr Cushan, Mr Kareem and Mrs Charlish. We welcome Ms Van Wees for the year as the replacement for Mr Tripet, who has moved over to the Science faculty, and also Mr Morrison taking a part load in Mathematics.

Assessments

This term:

Year 12 midcourse worth 30% in week 11

Year 11 AT1 worth 30% in week 10 Thursday 30th March

Year 10 AT1 worth 20% in week 10 Thursday 30th March

Year 9 AT1 in week 9 Monday 20th March

- All students are expected to have a calculator in all classrooms. The office has calculators available at a minimal cost.
- All students will receive a Mathsonline login (an online tutoring program) to help them with their revision.
- A class mark will contribute to the reports for Stage 4-5 students, so work in class and attitude to learning are vital that they start from Day 1.

Rod Lyon
Head Teacher Mathematics



A BBQ will be held to welcome our new Defence families to Tomaree Public School and Tomaree High School



When: Thursday, March 2
Where: Roy Wood Reserve,
160 Sandy Point Road, Corlette
Time: 5pm

****All food and drinks will be provided****

It's a great opportunity for our new families to meet some of our school community and make new friends. Please **RSVP** to Debie Hersant or Debra Mould on 4981 1444 if you are coming.

DEFENCE TRANSITION MENTOR



Debra Mould
available

Monday - Thursday
8.15am - 2.30pm.

Email:

debra.mould@det.nsw.edu.au

or

Phone: on 49811444 Ext 432

LUNA PARK EXCURSION – YEAR 8 2016

The annual Luna Park excursion for Year 8 students who always display the school expectations during their Mathematics classes were given an invitation to enjoy a sunny day in Sydney on Thursday the 1st of December. The trip also included students who have been striving for Success by entering various Mathematics competitions throughout the year.

We wish to thank Mr Tripet for being the organising teacher, the staff who volunteered their time to attend and Mr Anderson in his role of competition manager.

So what did the students think?

"Lines were short, rides were amazing, and it was fun socialising with students from other schools" J.R.

"The thrill rides, never-ending junk food and spending time with friends along the way made it such a great experience" D.K.

"The Luna Park excursion is a great way to reward Year 8 in Maths" J.E.

"I liked that it was a day for schools to go and the lines were short, so I got to go on every ride" M.M.

"Luna Park was great fun as the lines were short and the rides were good" B.A.

"The rides were really cool, with the mix of junk food and the ice-cream parlour was a fun time" H.B.

"~~not~~ eat" I.C.

"It was sick – literally" Mr.Lyon

Rod Lyon
Head Teacher Maths



What Is PBL? PBL is **Positive Behaviour for Learning**. It is a consistent, school-wide system that helps define, teach and support appropriate student behaviours, creating a positive school environment. We will be commencing our Positive Behaviour Learning lessons in Week 5 for 15 minutes during extended PBL/roll call. This will be ongoing, rolling out new lessons each week following on from our launch last year.

RESPECT	POLITE CONVERSATIONS SAFE SCHOOL
RESPONSIBILITY	RIGHT PLACE/WAY/TIME OWN YOUR ACTIONS
SUCCESS	HIGH EXPECTATIONS EFFORT & ATTITUDE

Science Summer School Experience at Sydney University

Two of our current Year 10 students attended a three day Science Summer School in Sydney in January during the last school holidays. This was co-sponsored by Rotary and our school. Below is their report on the experience.

By Katerina Nicolopoulos and Rhiana Mackenzie

Our Science Experience began by travelling to historic Sydney University and getting lost because it is so massive. We met some other young adventuring scientists looking for the same workshop and finally arrived to find that we were not in the same group. This didn't make our adventure any less exciting. Instead, it gave us the opportunity to meet some amazing people that we still keep in contact with.

The staff members that looked after us were also our suspects in the murder. There were 6 suspects who all looked guilty and had suspicious stories about their relationship with the victim. They all had evidence pointing to the crime. Our job as aspiring forensic scientists was to solve the case and get justice for the family. We had to work out if the victim was able to jump out of her apartment and land as she was found, to rule out suicide. Soil was gathered and tested with a range of chemicals. We also used highly advanced microscopic technology to analyse pollen and found bones which we discovered were not human.

The second day began with a mathematics professor followed by a police officer speaking about forensic investigation. Doctor Karl Kruszelnicki also spoke and was interesting and hilarious. Later we analysed fingerprints, DNA samples and blood. Chemical testing of fabrics and drinks allowed us to conclude that our victim died of cyanide poisoning. Suspect D went to "court" in a mock trial and was found guilty of murdering Dr Molecule.

We had an amazing time at this Science Experience and we strongly encourage students to take any opportunity like this because they will not regret it.

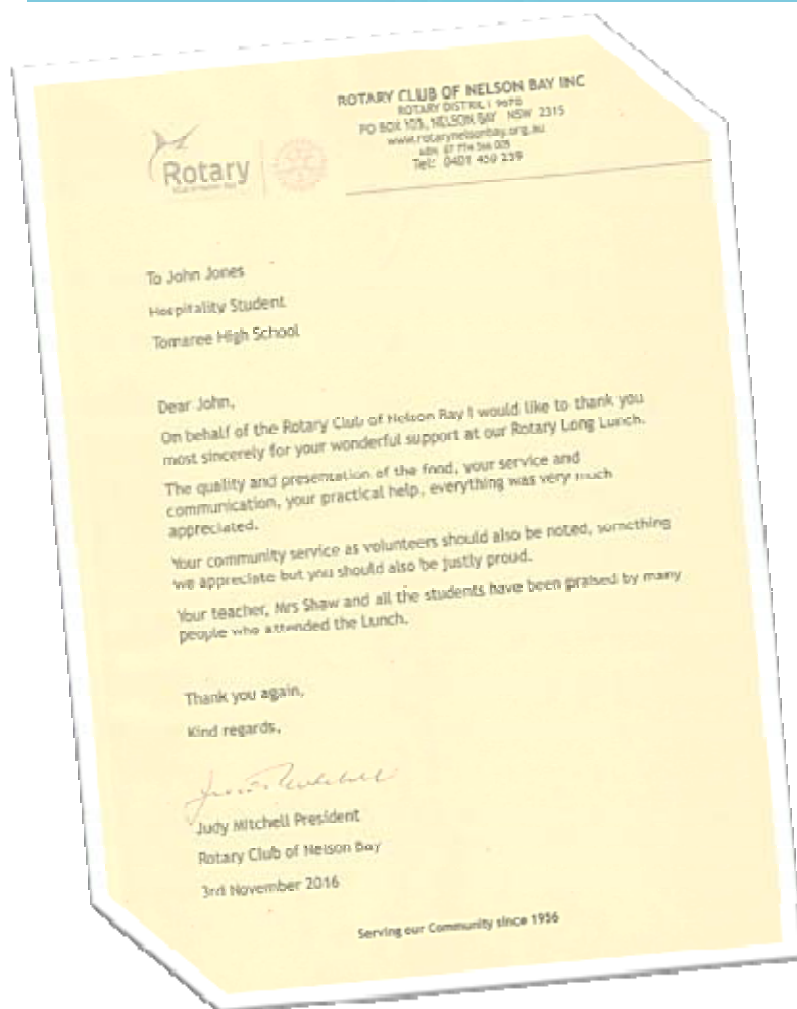


Linda Hazell
Head Teacher Science



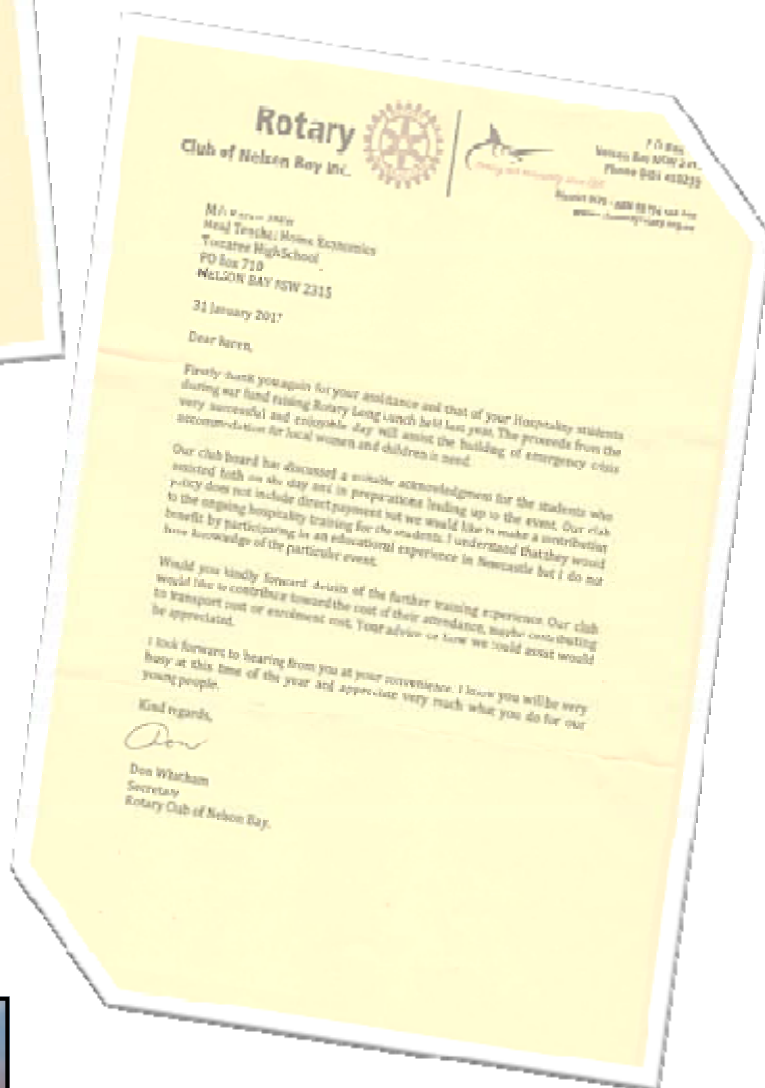
Thank you Nelson Bay Rotary Club

You may remember when last year our Hospitality students catered for the Rotary Long Lunch. We have received a lovely letter of thanks from Rotary and **each student that participated also received a personal thank you letter for their resume.**



Thanks to Rotary, our Year 12 Hospitality students will be able to go to the Crown Plaza in Newcastle to participate in an industry induction and tour especially for Hospitality students.

It is always a pleasure to work with Tomaree High students and our local community groups together on community projects such as this. I would like to extend a big thank you to Nelson Bay Rotary Club for its ongoing support of students at Tomaree High School and I look forward to working with you again in the future.



Karen Shaw
Relieving Head Teacher Home Economics





FAMILY AND COMMUNITY SERVICES HIGH SCHOOL SCHOLARSHIPS

Students in Years 10, 11 and 12 may be eligible to apply for a FACs High School Scholarship. Eligible students will be able to access a scholarship valued up to \$1000 to assist them with their education and training.

Students will be able to use the funds to purchase items like course materials and equipment or to pay for excursions and tutoring.

Scholarships are open to those receiving housing assistance from Family and Community Services, community housing providers or Aboriginal housing. This also includes students:

- On the social housing wait list

- In Out of Home Care- currently under care of the Minister

- In public, community or Aboriginal housing

- In transitional or crisis accommodation or receiving supported accommodation through a specialist homelessness service

- Receiving private rental assistance, such as a private rental subsidy, bond loan or tenancy guarantee

To apply complete the online application which can be found by visiting www.facs.nsw.gov.au/education.

Applications close at 7pm **Friday 24 February, 2017**. Any students requiring assistance with the application process are able to contact Mrs McCleer or Mr Triegeer.

SUPPORT FOR PARENTS

At times we can all find ourselves in a situation where it is difficult to cover the costs of all the things we need. There are assistance programs that exist to help with the payment of bills, savings programs and other financial support depending on your current situation.

Below is a list of some of the supports that exist to help. Please have a look at this list and contact the organisation that is responsible for the financial aid program.

The school may be able to provide further information if you are having trouble finding the best service for your current situation.

- **Saver Plus** - an initiative of the ANZ bank and the Brotherhood of St Laurence, it gives savings over a 10 month period to go towards education related costs.
- **Learning for Life** - a program run by The Smith Family that provides emotional, practical and financial support to disadvantaged young people with their education.
- **A Start in Life** - supports the education of young underprivileged Australians.
- **Good Shepherd Microfinance** - offers centred, affordable financial programs to people on low/limited incomes including the No Interest Loans scheme.
- **Centrelink Payment finder** - suggests payments and services for a wide range of individuals and families including:
 - A. Child Care benefits
 - B. Youth Allowance
 - C. ABSTUDY
 - D. School Fees Allowance

Benji Triegeer,
Relieving Well Being Head Teacher



Free vaccines for all Year 7 students MARCH 27

Dear Parent/Guardian

Teams of specially trained registered nurses will be visiting your child's school during Year 7 to offer free vaccinations against serious preventable diseases

Vaccines include:

Human Papillomavirus (HPV) vaccine (3 doses)

Diphtheria-Tetanus-Pertussis (whooping cough) (dTpa) vaccine (1 dose)

Varicella (chickenpox) vaccine 1 dose

THESE VACCINES ARE ONLY PROVIDED FREE FOR YEAR 7 STUDENTS

What do you need to do?

Year 7 Parent Information Kit will be distributed by your school at the beginning of 1st term

Read the information included in the Kit (translated copies are available on the website below)

ENSURE FORM IS COMPLETED CORRECTLY, AND SIGN FOR EACH VACCINE REQUIRED

Please sign for **EACH** vaccine you wish your child to receive:

HPV Vaccine. I hereby give consent for my named child to receive a 3 dose course.

Signature of Parent/Guardian

Diphtheria-Tetanus-Pertussis (dTpa) Vaccine. I hereby give consent for my named child to receive a single dose.

Signature of Parent/Guardian

Varicella Vaccine. I hereby give consent for my named child to receive a single dose.

Signature of Parent/Guardian

ensure your child has eaten breakfast the morning of the clinic

ensure your child is wearing clothing that enables the upper arm to be exposed

COMPLETE CONSENT FORMS IN BLUE OR BLACK PEN ONLY

Ask your child for the record of vaccination when they arrive home on the day of the clinic – keep this record in a safe place (eg. baby's' blue book), ideally notify your GP for their records.

What if your child misses a vaccine?

You won't need to do anything, every effort will be made to catch-up missed vaccines at other clinics at your child's school during the year or the following year when they are in year 8.

More questions?

Please contact Hunter New England Local Health District, Immunisation Unit on 49246477 or visit <http://www.health.nsw.gov.au/immunisation/Pages/schoolvaccination.aspx>

parenting ideas insights

Developing independence in secondary school

By Michael Grose

Practical independence-building ideas to encourage autonomy in adolescents.

The ultimate goal for an adolescent is to achieve autonomy from their parents. They are trying to do this at a tricky time, with their brain going through fundamental changes in the prefrontal cortex – the part of the brain responsible for rational decision-making, thinking things through and impulse control. As a result, you need to carefully support your child's journey to independence through this stage.

Your young adolescent should be expected to help at home. However, consider giving them one or two significant weekly jobs, such as putting out the garbage, rather than continuing the same chores they were given during the previous 'latency' stage. More of the same doesn't always work with this age group.

Here are some more practical independence-building ideas:

1. Negotiate independence

Give your young adolescent the chance to negotiate greater independence by allowing them to prove to you that they are ready to have their boundaries pushed out. This is the age when you can build 'scaffolds' to greater independence: allow your child to achieve increasingly greater autonomy, taking lots of small steps rather than one large step.

2. Talk about values

Discuss values of fairness, tolerance and respect with your young person to help them formulate a sense of responsibility and a positive value system. Be clear about your expectations of their behaviour when they are not with you. Discuss the consequences of breaking these rules. And help your young person also to assess the risks associated with increased independence.

3. Allocate a meal each week for your young adolescent to prepare

You may help them at first, but eventually turn the responsibility over to them. If this is unworkable for you now, consider it something to work towards by the end of this stage. Kids in this age group are more than capable of preparing a meal, and you will find it a significant contribution to the family. It may need to fit in with busy schedules, but that's okay – your child will benefit from learning that they can in fact juggle a number of activities each day. Don't let them off the hook just because they are busy.

4. Give them two allowances

Young people increasingly want more power over their own life, and providing pocket money is one way to do this. Consider giving your young person enough allowance to cover clothing, mobile-phone bills, travel and school meals.

Encourage them to budget, and set savings goals. This increase in autonomy will help your young person feel valued.

5. Encourage a part-time job (when they are old enough)

There are a number of benefits to a part-time job, regardless of how busy your young person is. First, earning their own allowance is one of their first steps toward real autonomy. Second, it's good for them to abide by rules set by someone other than their family and school. Third, being socially connected to a community group such as a workplace is a key contributor to good mental health and wellbeing.

As they move closer to school-leaving age patiently teach life skills such as paying bills and filling in tax returns to develop real independence. And resist taking on their problems. Your young person needs to learn to stand on their own two feet, which can mean they experience some of life's hardships. These are all good learning experiences.

Visit our website for more ideas and information to help you raise confident and resilient young people.

© Parenting Ideas 2017





**Department
of Industry**
Resources & Energy

Support to Pay Electricity and Gas Bills*



**Help is available to pay
your energy bills.**

**For information on
rebates and emergency
assistance go to:**

**[www.resourcesandenergy
.nsw.gov.au/rebates](http://www.resourcesandenergy.nsw.gov.au/rebates)**

**or phone Service NSW
on 137 788**

*** eligibility criteria apply**

YOU COULD BE ELIGIBLE FOR ONE OR MORE OF THESE REBATES/ASSISTANCE PROGRAMS

Family Energy Rebate* – \$150 or \$15 per year – If you are the electricity account holder in your household, have dependent children and receive a DHS payment called Family Tax Benefit (Part A or B), you could qualify for this electricity rebate. Information on application deadlines is available from our website.

NSW Gas Rebate* – \$50 per year – If you have natural gas or use LPG for cooking, heating or hot water, you could qualify for this gas rebate. To be eligible you will also need to be the gas account holder and have a DHS or DVA Pensioner Concession Card, DHS Health Care Card or a DVA Gold Card marked with WW, TP1 or EDA.

Medical Energy Rebate* – \$235 per year – You could qualify for this rebate if you, or someone living with you, have an inability to self-regulate body temperature which is often associated with medical conditions such as Parkinson's disease and Multiple Sclerosis. The electricity account holder in your household must have a DHS or DVA Pensioner Concession Card, DHS Health Care Card or a DVA Gold Card.

Low Income Household Rebate* – \$235 per year – If you are the electricity account holder in your household and have a DHS or DVA Pensioner Concession Card, DHS Health Care Card or a DVA Gold Card marked with WW, TP1 or EDA, you could qualify for this electricity rebate.

Life Support Rebate* – If you are required, or have someone living with you who is required, to use approved energy-intensive medical equipment at home, you could qualify for this electricity rebate. Information on approved equipment and rebate rates is available from our website.

EAPA* – Energy Accounts Payment Assistance Scheme – helps people experiencing a short term financial crisis or emergency to pay their electricity or natural gas bill. The scheme helps people stay connected to essential energy services during a financial crisis. EAPA is not means tested and you do not need to hold any DHS or DVA concessions cards to access this scheme.

HOW CAN I GET MORE INFORMATION AND WHERE DO I APPLY?

The Department of Industry website has all the information you will need to determine if you are eligible for an energy rebate or emergency assistance. Go to www.resourcesandenergy.nsw.gov.au/rebates for further information.

If you do not have access to the internet you can call Service NSW on 137 788 and talk to a customer service officer about your circumstances. Service NSW can also post you application forms.

If you have an electricity or natural gas account with an energy retailer you can call them to apply over the phone for the Low Income Household Rebate and NSW Gas Rebate. Your retailer can also provide you with application forms for other rebate programs.

REMEMBER

**If you have a DHS (Centrelink) Health Care Card you could qualify for the
Low Income Household Rebate and/or NSW Gas Rebate.**

We are publishing the assessment schedules for Years 7-10 as an easy reference tool for students to assist them with their study organisation and time management. Please be aware that assessment dates can change, but students will be given two weeks' notice if necessary.

Tomaree High School Assessment Schedule Year 7

Assessment date can change when given two weeks' notice

Term 1

Week	Year	Subject/Course	Task	Weight
5	7	Science	Practical task	20%
	7	CAPA	Getting to know you – Performance & Journal	10%
6	7	Music	Performance 1	20%
8	7	Music	Term 1 Listening & Theory Quiz	20%
9	7	PD/H/PE	Test and Comprehension –Meeting New People	15%
	7	Music	Create a recycled instrument	20%
	7	English	Essay	25%
	7	HSIE	The Restless Planet Research Task	15%
10	7	CAPA	Anti-bullying rap & Journal	15%
	7	Visual Art	BOW & VAPD Review & H/C	40%
	7	IA	Project and Folio- Brainteasers	25%
	7	Food Technology	Introductory unit completed	30%
	7	Textiles Technology	Introductory unit completed	30%

Term 2

Week	Year	Subject/Course	Task	Weight
3	7	CAPA	Research Task, Rich Task Part 1 & Journal Progress	25%
4	7	Music	Term 2 Listening & Theory Quiz	20%
5	7	Visual Art	H/W Assessment Task	20%
	7	HSIE	Half Yearly Exam	15%
	7	Textiles and Food Technology	Design Task and folio	70%
6	7	PD/H/PE	Test Fitness	15%
	7	Math	Semester 1 exam	50%
	7	Science	Topic Test	30%
	7	English	Poetry/Comprehension	25%
7	7	Visual Art	BOW & VAPD Review	40%
9	7	IA	Project and Folio- Storage/Heavy Metal	25%

Year 7 Assessment Schedule continued

Term 3

Week	Year	Subject/Course	Task	Weight
5	7	PD/H/PE	Test – Changes During Puberty	15%
	7	CAPA	Rich Task Part 2	15%
	7	HSIE	The Blue Planet Research Task	15%
6	7	Music	Performance 2	20%
	7	Science	Literacy task	20%
	7	English	Oral	25%
8	7	Food Technology	Introductory unit completed	30%
	7	Textiles Technology	Introductory unit completed	30%
9	7	CAPA	Showcase Presentation	20%
	7	Music	Term 3 Listening & Theory Quiz	20%
	7	Visual Art	BOW & VAPD Review	40%
	7	IA	Project and Folio- Mechanisms/ Structures	25%
10	7	Visual Art	H/W Assessment Task	20%

Term 4

Week	Year	Subject/Course	Task	Weight
2	7	HSIE	Globalisation Research Task	10%
3	7	Music	Composition Task	20%
4	7	PD/H/PE	Literacy Task, video review – Risks and First Aid	15%
4/5	7	English	Narrative	25%
5	7	Science	Final Exam	30%
	7	Music	Term 4 Listening & Theory Quiz	20%
6	7	Visual Art	Final BOW & VAPD Review	40%
	7	Math	Semester 2 exam	50%
	7	IA	Project and Folio- Function/Aesthetics	25%
	7	Food Technology	Design Task and Folio	70%
	7	Textiles Technology	Design Task and folio	70%
6&7	7	CAPA	Class Task & Journal –beginning Monday Week 6	15%



Tomaree High School Assessment Schedule Year 8

Assessment date can change when given two weeks' notice

Term 1

Week	Year	Subject/Course	Task	Weight
5	8	Science	Literacy task	20%
8	8	CAPA	Rich Task Part 1	20%
	8	Music	Research Task – Australian Music	30%
7	8	HSIE	The Historian Research Task	15%
9	8	CAPA	Showcase Journal & Progress	10%
	8	Visual Art	BOW & VAPD Review & H/C	40%
	8	English	Narrative	25%
10	8	PD/H/PE	Test- Relationships	15%
	8	IA	Project and Folio- Brainteasers	25%
	8	Food Technology	Introductory unit completed	30%
	8	Textiles Technology	Introductory unit completed	30%

Term 2

Week	Year	Subject/Course	Task	Weight
4	8	CAPA	Rich Task Part 2	20%
5	8	Textiles and Food Technology	Design Task and folio	70%
	8	PD/H/PE	Test - Fitness	15%
	8	HSIE	Half Yearly Exam	15%
6	8	Science	Topic Test	30%
	8	Visual Art	BOW & VAPD Review & H/C	40%
	8	Visual Art	H/W Assessment Task	20%
	8	English	Narrative	25%
	8	Math	Semester 1 exam	50%
8	8	CAPA	Journal	5%
9	8	HSIE	Ancient China Research Task	15%
	8	IA	Project and Folio- Storage/Heavy Metal	25%

Year 8 Assessment Schedule continued

Term 3

Week	Year	Subject/Course	Task	Weight
4	8	CAPA	Performance progress & Journal	20%
5	8	PD/H/PE	Test- Drug Use	15%
6	8	Science	Practical task	20%
	8	English	Essay/Oral	25%
8	8	Food Technology	Introductory unit completed	30%
	8	Textiles Technology	Introductory unit completed	30%
9	8	IA	Project and Folio- Mechanisms/Structures	25%
10	8	Visual Art	BOW & VAPD Review	40%

Term 4

Week	Year	Subject/Course	Task	Weight
2	8	HSIE	Asia-Pacific World Research Task	10%
3	8	Visual Art	H/W Assessment Task	20%
4	8	CAPA	Performance & Completed Journal	25%
4/5	8	English	Essay/Oral	25%
5	8	PD/H/PE	Library Research – Adolescent Health Issues	15%
	8	Science	Final Exam	30%
	8	HSIE	Yearly Exam	25%
6	8	Visual Art	Final BOW & VAPD Review	40%
	8	Math	Semester 2 exam	50%
	8	IA	Project and Folio- Function/Aesthetics	25%
	8	Food Technology	Design Task and Folio	70%
	8	Textiles Technology	Design Task and folio	70%

Tomaree High School Assessment Schedule Year 9

Assessment date can change when given two weeks' notice

Term 1

Week	Year	Subject/Course	Task	Weight
5	9	Science	Literacy task	20%
	9	IT-Timber	Joint Construction	5%
6	9	PD/H/PE	Powerpoint – personal profile	15%
8	9	Visual Art	BOW & VAPD Review	10 %
	9	Geography	Biomes Research Task	30%
9	9	Child Studies	Unit 1 Test	25%
	9	Drama	Task 1	25%
	9	Dance	Task 1	25%
	9	Music	Musicology Research Assessment Task	30%
	9	Math	Task 1	20%
10	9	IT-Multimedia	Animation/Graphic	20%
	9	English	Narrative	25%
	9	History	Slavery Research Task	25%
	9	Engineering	Structures and Folio	20%
	9	Graphics Technology	Project and Folio	20%
	9	Food Technology	Food Selection and Health	20%
11	9	PASS	Test - Anatomy	15%

Term 2

Week	Year	Subject/Course	Task	Weight
2	9	Visual Art	Critical Study	5%
	9	Commerce	Consumer Research Task	20%
	9	IT-Timber	Mallet and Folio	15%
	9	Information Software Technology	Software Applications	15%
3	9	Music	Performance 1 – Australian Music	30%
5	9	Commerce	Half Yearly Exam	20%
	9	History	Half Yearly Exam	20%
	9	PD/H/PE	Test – Money, Health and Scams	15%
	9	Music	Half Yearly Exam	40%
	9	Geography	Half Yearly Exam	20%
	9	Math	Half Yearly exam	30%
6	9	PASS	Workshop and test - Fitness	15%
	9	Science	Topic Test	30%
	9	Visual Art	Directed BOW & VAPD	25%
	9	IT-Multimedia	Half yearly Exam	10%
	9	Engineering	Half yearly Exam	10%
	9	IT-Timber	Half yearly Exam	10%



Year 9 Assessment Schedule continued

Term 2 cont

	9	Graphics Technology	Half yearly exam	10%
	9	Information Software Technology	Half yearly exam	15%
7	9	Drama	Stimulus Performance & Journal	25%
	9	English	Visual representation/Reflection statement	25%
8	9	Drama	Theatrical Traditions	5%
	9	IT-Multimedia	Video Editing	20%
	9	Food Technology	Let's party task	20%
	9	Child Studies	Task 2	25%
9	9	Commerce	Travel Research Task	15%
	9	IT-Timber	Box Construction	20%
	9	Engineering	Folding Table/ Toolbox and Folio	20%
	9	Graphics Technology	Portfolio	20%
	9	Information Software Technology	Databases	15%

Term 3

Week	Year	Subject/Course	Task	Weight
4	9	Visual Art	Research Assignment	10%
	9	History	Australians at War Research Task	30%
5	9	Math	Task 3	20%
6	9	Science	Practical task	20%
7	9	English	Narrative	25%
	9	Engineering	Practical projects	40%
	9	Information Software Technology	Practical Tasks Theory tasks	15% 15%
8	9	PASS	Research – Issues in Sport	15%
	9	Drama	Musical Theatre & Journal	25%
	9	Music	Composition	30%
	9	Geography	Urbanisation Research Task	25%
	9	Commerce	Business Research Task	15%
9	9	PD/H/PE	Test – Sex Education	15%
	9	Food Technology	Food Trends practical and folio	30%
	9	Child Studies	Care of the Newborn	25%
10	9	Graphics Technology	Project and Folio	35%
	9	IT- Multimedia	Emerging Technologies	25%

Year 9 Assessment Schedule continued:

Term 4

Week	Year	Subject/Course	Task	Weight
2	9	Information Software Technology	File Management	5%
4	9	Music	Yearly Exam	40%
	9	IT- Multimedia	Yearly Exam	25%
	9	IT-Timber	Turning/Carving Project	40%
	9	Graphics Technology	Yearly Exam	15%
	9	Information Software Technology	Yearly Exam	25%
	9	IT-Timber	Yearly Exam	10%
	9	Engineering	Yearly Exam	10%
4/5	9	English	Oral	25%
	9	Math	Final exam	30%
5	9	Science	Final Exam	30
	9	Food Technology	Yearly Exam and Practical work for semester 2	20% 10%
	9	Music	Performance 2	30%
	9	Visual Art	BOW & VAPD	40%
	9	PASS	Practical Test – Outdoor Education	15%
	9	Geography	Yearly Exam	25%
	9	History	Yearly Exam	25%
	9	Commerce	Yearly Exam	30%
6	9	PD/H/PE	Test - Nutrition	15%
	9	Visual Art	Critical/Historical Yearly test	10%
	9	IT-Multimedia	Yearly Exam	10%
	9	Child Studies	Yearly exam	25%
7	9	Drama	Mime/performance & Journal	25%
	9	Drama	S2 Class Mark	



Tomaree High School Assessment Schedule Year 10

Assessment date can change when given two weeks' notice

Term 1

Week	Year	Subject/Course	Task	Weight
5	10	Information Software Technology	Spreadsheets	15%
7	10	Music	Performance 1	30%
9	10	Science	Practical Research Project	20%
	10	English	Essay	25%
	10	Geography	Coastal Fieldwork Research Task	30%
10	10	Food Technology	Food Product Development	25%
	10	Child Studies	Health and Safety in Childhood and book-work	25%
	10	Visual Art	BOW & VAPD Review	10%
	10	Drama	Ensemble Task	30%
	10	History	Rights and Freedoms Research Task	25%
	10	Math	Task 1	20%
	10	IT-Timber	Joint Construction	20%
	10	Engineering	CO2 Racer and Folio	20%
	10	IT-Metal	Metal Machining	25%
	10	Graphics Technology	Drawing Portfolio 1	20%
11	10	PD/H/PE	Test – Drug Awareness	15%
	10	PASS	Research – Nutrition for Sport	15%

Term 2

Week	Year	Subject/Course	Task	Weight
2	10	Information Software Technology	Introduction to Programming	15%
3	10	Music	Composition	30%
	10	Visual Art	Critical Study	5%
5	10	Music	Half Yearly Exam	40%
	10	Drama	Clowning & Journal Progress	10%
	10	Visual Art	BOW & VAPD Review	25%
	10	Geography	Half Yearly Exam	20%
	10	History	Half Yearly Exam	20%
	10	Math	midcourse exam	30%
6	10	PD/H/PE	Test – Sex Education	15%
	10	PASS	Comprehension and Test - Australia's Sporting Identity	15%
	10	IT-Metal	Half Yearly Exam	15%

Year 10 Assessment Schedule continued:

Term 2 cont

	10	IT-Timber	Half yearly exam	10%
	10	Graphics Technology	Half Yearly Exam	10%
	10	Engineering	Half yearly exam	10%
	10	Science	Topic Test	30%
	10	Information Software Technology	Half Yearly Exam	20%
7	10	English	Essay	25%
	10	Child Studies	Nutrition for the Pre-School Child	25%
	10	Food Technology	Food Service and Catering practical and menu	25%
9	10	Engineering	Hydraulic machine and Folio	10%
10	10	IT-Timber	Project and Folio	20%
	10	IT-Metal	Project and Folio	10%
	10	Graphics Technology	Drawing Portfolio 2	20%

Term 3

Week	Year	Subject/Course	Task	Weight
	10	Visual Art	Research Assignment	10%
3	10	Music	Performance 2	30%
	10	Geography	Foreign Aid Research Task	25%
5/6	10	English	Poetry analysis	25%
6	10	PD/H/PE	Literacy Task – Community Health Issues	15%
	10	Science	Literacy task	20%
	10	Drama	Performance & Journal	10%
	10	Math	Task 3	20%
	10	Graphics Technology	Architectural	20%
7	10	Music	Musicology Research Task	30%
7-10	10	PASS	Peer Teaching - Coaching	15%
8	10	Drama	In class essay	10%
9	10	Information Software Technology	Multimedia Option	15%
	10	History	Popular Culture Research Task	30%
	10	Child Studies	Play and the Developing Child	25%
	10	Food Technology	OZ ID Multi Media task	25%

Year 10 Assessment Schedule continued:

Term 4

Week	Year	Subject/Course	Task	Weight
	10	Graphics Technology	CAD Project	10%
4	10	Drama	Advertisement & Journal	20%
	10	Music	Yearly Aural Exam	40%
	10	Geography	Yearly Exam	25%
	10	History	Yearly Exam	25%
	10	Math	Final exam	30%
	10	Child Studies	Yearly exam	25%
	10	Food Technology	Yearly exam	25%
4/5	10	English	Oral	25%
5	10	PD/H/PE	Test – Driver Education	15%
	10	PASS	Research Task – Technology in Sport	15%
	10	Information Software Technology	Theory Tasks Yearly exam	5% 25%
	10	Science	Final Exam	30
	10	Drama	Yearly Exam	20%
	10	Visual Art	Historical/Critical Study Written Exam	10%
	10	IT-Timber	Yearly Exam	15%
	10	Engineering	Yearly Exam	15%
	10	IT-Metal	Yearly Exam	15%
	10	Graphics Technology	Yearly Exam	10%
6	10	Visual Art	BOW & VAPD/Exhibition	40%
	10	Graphics Technology	Drawing Portfolio 3	10%
	10	Information Software Technology	File Management	5%
	10	IT-Metal	Project and Folio	35%
	10	Engineering	Alternative Energy and Folio	35%
	10	IT-Timber	Project and Folio	35%

Tomaree High School CANTEEN PRICE LIST 2017

HOT FOOD

Chicken & Corn Roll	3.00
Chicken & Gravy Roll	4.00
Pies – plain. Low fat	3.30
Sausage Roll - Low Fat	2.70
Pizza Rounda	3.50
Chicken chilli wrap	4.00
Hot Dog	2.50
Tomato/BBQ Sauce	.30

FROM THE BAKERY

Cheese & Bacon Roll	1.70
Cheese Roll	1.70
Muffins low fat	1.50
Finger Bun	1.50
Banana Bread	2.50

FROM THE FREEZER

Paddle Pop Cup	2.30
Fruit Tubes TNT	0.70
Milo Cup	3.00
Paddle Pops/Billabongs	1.50
Yoghurt Frozen	2.00

DAILY SPECIALS



Chicken chilli wrap	4.00
Chicken Fillet Burger	4.00
Hamburger	4.00
Lasagne	3.50
Pizza	3.50
Spaghetti Bolognaise	3.50
Pasta Salad	3.00
Chicken Pasta Salad	3.50
Garlic Bread	1.50
Chicken Crackles (6)	3.50
Chicken Nuggets (6)	3.50

FROM THE FRIDGE



Juice 200ml	2.00
Juice 375ml	2.00
Juice 500ml	2.70
Custard - 600ml	3.00
Milk, plain - 600ml	2.00
Milk, plain - 300ml	1.00
Milk, flavoured - large	3.00
Milk, flavoured - small	2.00
Water – 600ml	2.00
Water - 400ml	1.50
Pump water	3.00
Yoghurt	2.00
Quench (flavoured spring water)	1.50
Powerade Light	3.50
Ice Tea	3.50

BREAD ROLLS

Chicken, Lettuce & Mayonnaise	4.00
Chicken Salad	4.00
Salad Rol	3.70
Ham Salad	4.00
Chicken or Ham Salad Lavash	4.00
Salad Lavash	3.50
Salad Tub	4.00
Meat & Salad Tub	4.50
Chicken Caesar Salad Tub	4.00
Chicken Caesar Salad Wrap	4.00
Chicken Caesar Salad Roll	4.00

SANDWICHES

Ham & Cheese	3.50
Ham & Tomato	3.50
Egg & Lettuce	3.50
Ham Cheese tomato	3.60
Chicken & Lettuce	3.50
Salad	3.60
Ham & Salad	3.80

*MAKE YOUR OWN COMBINATION
Order must be placed by first break*

NOTES

- Prices are subject to changes
- Some items may not be available some days

Volunteers Welcome!

IF YOU CAN SPARE ANY TIME TO HELP IN THE CANTEEN - BE IT WEEKLY, FORTNIGHTLY, MONTHLY OR ONCE A TERM - WE WOULD BE HAPPY TO HAVE YOU ON BOARD.

To “enlist” please ring Canteen Manager, Liz, on 0417 452 280 or the school, 4981 1444.



NELSON BAY MARLINS JUNIOR AFL CLUB

Dick Burwell Oval, Tomaree Sporting Complex

2017 Registration Day at Dick Burwell Oval



Sunday 26th February 9.00am - 12.00pm

NAB Auskick - 5 Years to 8 Years

\$75 for 1st child (includes 2017 Auskick Pack)

\$65 for 2nd child (includes 2017 Auskick Pack)

Free for 3rd child (includes 2017 Auskick Pack)

Juniors – U9s, U11s, U13s, U15s, U17s & U16 Youth Girls

\$110 for 1st child (includes Club training singlet)

\$100 for 2nd child (includes Club training singlet)

Free for 3rd child (includes Club training singlet)

U12 Youth Girls

\$90 (includes Club training singlet)

(New registrations receive shorts and socks)

***** NO WEEKLY FEES *****



*For further information please contact Wayne Anderson on 0425 293 769
or visit website www.nelsonbayjunioraflmarlins.com.au*

TOMAREE HIGH SCHOOL **ABSENTEE NOTE**

(To be returned to the teacher Period 1 first day back after absence or place in box in foyer)

Student's Name: Roll Class:

Date of absence/s:

Reason for absence:

.....
.....

Signature of Parent/Guardian: Date:

YOUTH GIRLS COME AND TRY SESSION

TUESDAY
21ST FEBRUARY

DICK BURWELL OVAL
5 – 6 PM



JUNIOR FOOTBALL
This is Our Game

NELSON BAY MARLINS JUNIOR AFL

Calling all Girls aged 10-16yrs interested in playing AFL in 2017
Come along and have a try at our specialised training session
Contact: Wayne Anderson
0425 293 769

Join Our Team
PLAYAFL.COM.AU

Tomaree Water Polo Club Competition



▼ Monday 6.30pm at the

▼ Tomaree Acquatic Centre

Individuals and Teams welcome

Registration:

Senior- \$85 (\$50 for pool members)

Junior- \$50

For nominations or further information please
contact Wayne Anderson on 0425 293 769
or wmtbanderson@gmail.com



NELSON BAY HOCKEY REGISTRATIONS



Hockey Building Salamander Sporting Complex

Saturday 18th February 9 am - 12 noon

Nelson Bay Hockey Club has an excellent introductory & learning development program starting from 5 years up with Minkeys, U11's, U13's & U15's progressing through to mixed social comp for all ages.

All training and competitions held at the Salamander Sports Complex on a Saturday morning so there's no travelling to games.

Registration covers insurance with Hockey NSW & competition / training fees:

U7 -\$71 / U11 - \$89 / U18 - \$118 / O18 - \$177

For further information please visit www.nelsonbayhockey.org.au contact us at info@nelsonbayhockey.org.au or phone 4919 1692